

# Coaching Plan

(Adapted from Dan Lancaster)

Meet regularly with the person you are coaching. Each time you meet, take time to work through these steps one by one. Be sure to encourage that person to coach others using the same method.

**Progress** (*Tumble your hands in forward motion*)

“What are you seeing in terms of Kingdom fruit?”

**Problems** (*Pull your hair*)

“What frustrations or setbacks you are experiencing?”

**Personhood** (*Pat yourself on your heart*)

“How are you feeling: optimistic? defeated? stretched?”

“Through the victories and struggles, how is God shaping your heart as a leader? ”

**Partnership** (*Grip your hands in handshake style*)

“What workers will benefit from hearing what you are learning?”

“Who are you coaching?”

**Plan** (*Write notes on your hand*)

“What plans must you put into action in the next 7-10 days?”

**Prayer** (*Fold your hands in prayer style*)

Spend time committing yourselves to prayer: for boldness, fruitfulness, lost people, workers...

